



# How to Plan an Asthma Education Event at a Local Library

## May is Asthma Awareness Month!

There is no better time to promote asthma education, including management of environmental triggers. Join EPA to plan an educational event for children and the community at a local library. To do this, you will need the support of the library staff, particularly the Director of Children's Programming. Things to do include:

- ▼ **Schedule a children's reading time dedicated to asthma. Consider reading the following books, written by Kim Gosselin:**
  - ▶ *Taking Asthma to School,*
  - ▶ *Zoo Allergy,* and
  - ▶ *The ABC's of Asthma.*
- ▶ Asthma coloring books (available from the American Academy of Allergy, Asthma and Immunology);
- ▶ ARTHUR® "Hooray for Health! All About Asthma" curriculum and stickers; and
- ▶ ARTHUR® video, "Buster's Breathless."
- ▼ **Publicize your event in library newsletters, flyers, on Web sites, bulletin boards, and through local media.**
- ▼ **Plan a book fair with a health theme. Invite local expert speakers to provide "mini-seminars" on asthma and related topics at the library throughout the day.**

And remember...

- ▼ **Distribute asthma materials to library visitors. Following are some of the materials available to you:**
  - ▶ EPA's "Clear Your Home of Asthma Triggers" brochure;
  - ▶ EPA's "Take the Smoke-Free Home Pledge" brochure and poster;

